



Valley Green Tea - Premium Chinese Loose Leaf Tea Specialist

Valley Green Tea

Jiaogulan

Price: \$Au 6.50



Other names: Jiao Gu Lan, Gynostemma, 5-leaf ginseng, Southern ginseng, miracle grass, fairy herb, sweet tea vine, gospel herb.

Jiaogulan has been described as 'immortality herb'.

Its two most powerful properties: adaptogenic and antioxidant, have drawn much attention lately as answers are sought for the so called 'modern life style' related health conditions.

The following neurological effects are associated with Jiaogulan's adaptogenic nature (**adaptogenic nature** - a restorative governing mechanism that energises or calms a system depending upon needs):

1. calming
2. soothing and assist in sleep
3. pain relief
4. anti-anxiety

Other reported health benefits of Jiaogulan:

1. regulating serum cholesterol levels and control blood pressure,
2. improving digestion and assist in weight control
3. enhance strength and endurance
4. strengthening immune system and anti-cancer effect
5. anti-aging
6. preventive of age related diabetes

Jiaogulan offers many benefits all packed in a cup of herbal tea that you can enjoy anywhere anytime. It is specially recommended before bed time, ideal for those who struggle to relax to have a good night sleep after a stressful hard working day.

Packaging: Jiaogulan herbal is packaged in tea bags. A box contains 30 tea bags with a net weight of 60g.

Shipping: We ship using Australia Post and advise quotes and expected delivery times with each purchase. This is obtained directly from Australia Post's web site during the final stages of the purchase-checkout process and based on total weight of the package in the cart. **Free shipping for orders that have exceeded \$80 AUD.**

[Vendor Information](#)